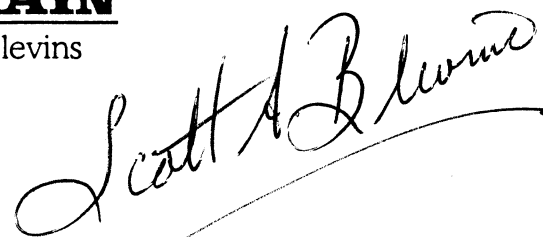


RIDE THAT TRAIN

Choreographed by: Scott Blevins



4 Wall Line Dance-40 Count

Music: Dance To: C'mon Ride It-Quad City DJ's

Slow: That Girl's Been Spying On Me-Billy Dean

Right Twist and Twist and Together, Clap

- 1 Step Right foot to Right side and, at same time, with weight on balls of both feet, Twist heels to the Right
- 2 & Twist heels to center; Twist heels to right; Twist heels to center
- 3 - 4 Step Right foot next to left foot (with weight); Clap hands

Left Twist and Twist and Together, Clap

- 5 Step Left foot to Left side and, at same time, with weight on balls of both feet, Twist heels to the Left
- 6 & Twist heels to center; Twist heels to left; Twist heels to center
- 7 - 8 Step Left foot next to right foot (with weight); Clap hands

Right and Left and Forward and Back

- 9 & Touch Right toe to Right side; Place Right foot next to left foot
- 10 & Touch Left toe to Left side; Place Left foot next to right foot
- 11 & Touch Right heel forward at a 45° angle to the right; Place Right foot next to left foot
- 12 & Touch Left toe back at a 45° angle to left (weight on Right foot)

1/4 Left, Forward, Back, Forward

- 13 Keeping weight over Right foot and Left foot back, Pivot 1/4 turn left on ball of right foot (Left foot is now forward of right foot)
- 14 - 16 Shift hips forward; Shift hips back; Shift hips forward (weight ends on left foot)

Step, Slide, Step, Together

- 17 - 18 Step Right foot to Right side; Slide Left foot next to Right foot
- 19 - 20 Step Right foot to Right side; Slide Left foot next to Right foot (weight transfers to left foot)

Kick and Heel and Cross, Step

- 21 & Kick Right foot forward at a 45° angle left; Place Right foot next to left foot
- 22 & Touch Left heel forward at a 45° angle left; Place Left foot next to Right foot
- 23 - 24 Cross (step) Right foot in front of left foot; Step left foot to left side (a shoulder width apart but even with the right foot-weight on both feet)

Shake Back, Shake Forward, Grind

- 25 & 26 Bending slightly forward at waist, shake hips side to side
- 27 & 28 Bending slightly back at the waist, shake hips side to side
- 29 - 32 Grind hips counterclockwise for 4 counts, ending with weight on left foot

Step, Shake, Shift, Shake, Step Back, Shake, Step Together, Shake

- 33 - 34 Step Right foot forward at a 45° angle right and bump right hip to right at same time; Bump right hip to right again
- 35 - 36 Shift weight to left foot and bump Left hip to left at same time; Bump Left hip to left again
- 37 - 38 Step Right foot back and bump right hip to right side at same time; Bump right hip to right again
- 39 - 40 Step left foot next to right foot and bump left hip to left at same time; Bump left hip to left again

Courtesy of:

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