

*Instructor: Ryan Dobry-Hunt
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*Level: Beginner
Steps: 32 Count, 4 Wall Line Dance
Choreographer: Bill Bader*

COWGIRL TWIST

<u><i>Counts</i></u>	<u><i>Steps</i></u>
<i>1-8</i>	<i>Forward heel struts: R heel, toe, L heel toe, repeat</i>
<i>9-12</i>	<i>Step back, R, L, R, L together</i>
<i>13-16</i>	<i>Twist heels L, toes L, heels L, clap & hold</i>
<i>17-20</i>	<i>Twist heels R, toes R, heels R, clap & hold</i>
<i>21-24</i>	<i>Twist heels L, hold & clap, twist heels R, hold & clap</i>
<i>25-28</i>	<i>Twist heels L, R, Center, hold & clap (keeping weight on L)</i>
<i>29-32</i>	<i>Step forward R, hold, step L turning 1/4, hold</i>

Begin Again!

Music:

*Song: "Where I Come From" Alan Jackson
Album: "When Somebody Loves You"*

Fast: "When God Fearin' Women Get The Blues" Martina McBride