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BIG GIRLS BOOGIE

Description: 32 Count, 4 Wall

Level: Beginner

Choreographer Mavis Broom 2/07

Music: Big Girls (You Are Beautiful) by Mika (Life in Cartoon Album)

WALK X2, KICK-BALL CHANGE, WALK X2 STEP ½ TURN LEFT

1-2 Walk forward R, L,

3&4 Kick R forward, step ball of R beside L, step L in place

5-6 Walk forward R, L

7-8 Step forward R, ½ turn L

WALK X 2, KICK-BALL CHANGE, WALK X2 STEP ½ TURN L

9-16 Repeat steps 1 through 8

HIP BUMPS FORWARD X 2, SAILOR STEP, SAILOR 1/4 TURN

1-2 Small step on to R, bump hips forward twice

3-4 Bump hips back twice

5-8 Roll hips clockwise twice (as if you had a hoola hoop) Weight ends on L

STEP, POINT X2, SAILOR STEP, SAILOR WITH 1/4 TURN

1-2 Step R over L, (dip R knee) point L to L (opt. Shimmy)

3-4 Step L over R, (dip L knee) point R to R (opt Shimmy)

5&6 Step R behind L, step L to L, step R in place

7&8 Turn 1/4 L stepping L behind R, step R in place, step L next to R

START AGAIN! HAVE FUN AND SMILE! THIS IS A FUN DANCE WITH ATTITUDE